

bcpowerlifting.ca



LIVE HEALTHY... LIVE STRONG

**BEYOND
NUTRITION**

5832 Fraser Street, Vancouver, BC
(across the street from John Oliver Highschool)
604-569-2838 | www.beyondnutrition.ca

- Sports Nutrition
- Vitamins
- Lose Fat
- Increase Energy
- Build Muscle
- Pain Relief
- Increase Metabolism
- Detox and Anti Aging



2009 BCPA PROVINCIAL POWERLIFTING & BENCH PRESS CHAMPIONSHIPS

**JERICHO HILL CENTRE
4196 W. 4TH AVE
VANCOUVER, BC**



SUN JUNE 7 2009

Lifting at 9:30am

Contact (604) 222-1715

bcbob1@shaw.ca

\$5

Admission



Sanctioned By: BCPA, CPU
IPF Rules, drug testing to IPF Specification