

Application for a BC Powerlifting Record



Please Note: - Any records will be marked as **Pending** until a record application is received.

- **Pending** notice will be removed only when:

- a) a record application is received from the lifter;
 - b) a record application fee of \$75 is received from the lifter (does not apply to Sub-Junior lifters);
- and
- c) the result of any doping control test is found negative.

The Record Application and Fee must be received within 60 days of the contest or the record will not stand.

Name _____ Phone No. _____

Address _____ City _____

Province _____ Postal Code _____

Email _____

Date of Birth - Month _____ Day _____ Year _____

Male [] Female []

Name of Contest _____

Location of Contest _____ Date _____

Lifters Weight Class _____ Actual Body Weight _____

Circle Correct Category(s)

OPEN SUB-JUNIOR JUNIOR

MASTER I MASTER II MASTER III MASTER IV

List ALL successful lifts including total, and Circle All Record Lifts

Three Lift Contest

First Attempt	Second Attempt	Third Attempt
Squat _____ kg	Squat _____ kg	Squat _____ kg
Bench _____ kg	Bench _____ kg	Bench _____ kg
Dead _____ kg	Dead _____ kg	Dead _____ kg
Total _____ kg		

Bench Only Contest

Bench 1 _____ kg Bench 2 _____ kg Bench 3 _____ kg

Send with payment (write cheques payable to the BCPA) to:

BCPA RECORDS CHAIR

Warren Orr

509 Five Rivers Place

Nanaimo, BC V9T 4T1

Email: warren.orr@gov.bc.ca