

## BCPA Winter Open Vancouver, BC 12 Feb '06

### Powerlifting

NAME	DIV	Age	BW	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	TOTAL	Wilk's
Women														
Ebony Rutko	60kg	Jr	59.8	130.0	137.5	142.5	-75.0	-78.0	78.0	130.0	-135.0	135.0	355.0	396.819
Kim Dennis	67.5kg	O	67.1	150.0	157.5	-162.5	90.0	95.0	-97.5	130.0	135.0	140.0	392.5	402.313
Lidia Brown	67.5kg	MI	63.8	-100.0	110.0	-117.5	-45.0	47.5	-50.0	105.0	115.0	120.0	277.5	295.205
Rosalind Hanna	67.5kg	MI	66.2	65.0	75.0	80.0	57.5	62.5	-67.5	75.0	85.0	95.0	237.5	245.836
Emily Vannieuwenhuizen	90kg	SJ	84.7	92.5	100.0	-107.5	45.0	50.0	55.0	92.5	107.5	115.0	272.5	242.007
Men														
Arshdeep Dhaliwal	52kg	SJ	42.9	30.0	35.0	-40.0	-25.0	-25.0	-25.0					
Darmanjit Kochar	56kg	SJ	46.4	35.0	40.0	50.0	25.0	-35.0	35.0	-70.0	70.0	85.0	170.0	189.125
Harvey Sahota	67.5kg	SJ	66.5	-130.0	-130.0	-130.0								
Onkar Sandhu	75kg	SJ	74.9	130.0	140.0	145.0	75.0	-80.0	-80.0	150.0	167.5	-172.5	387.5	276.365
Andrew Bryant	82.5kg	O	82.5	190.0	207.5	212.5	140.0	152.5	155.0	180.0	-200.0	200.0	567.5	380.168
Rupinder Aujla	82.5kg	J	80.8	60.0	80.0	70.0	82.5	87.5	110.0	120.0	130.0	297.5	201.854	
Tarn Rai	82.5kg	SJ	90.6	40.0	-50.0	50.0	-37.5	40.0	45.0	80.0	90.0	95.0	190.0	120.897
Sumeet Randhawa	90kg	SJ	87.4	105.0	115.0	125.0	65.0	80.0	95.0	120.0	140.0	150.0	370.0	239.871
Justin Donaldson	100kg	O	92.3	160.0	170.0	185.0	137.5	155.0	162.5	180.0	210.0	217.5	565.0	356.233
Jason Rai	110kg	SJ	111	60.0	-75.0	65.0	72.5	-75.0	105.0	120.0	130.0	262.5	154.061	
Wade Quayle	110kg	O	107	-277.5	-277.5	-282.5								
Bill Nickoli	125kg	MI	123.9	210.0	225.0	235.0	-225.0	-225.0	225.0	200.0	220.0	230.0	690.0	393.921
Tom Brown	125kg	MI	124.3	-235.0	-240.0	240.0	175.0	-185.0	-190.0	235.0	245.0	-255.0	660.0	376.530
Nigel Price	125kg	SJ	124.7	-150.0	-150.0	160.0	110.0	125.0	-135.0	150.0	160.0	170.0	455.0	259.396
Herman Bains	125kg	SJ	112.1	80.0	100.0	115.0	60.0	80.0	-90.0	115.0	135.0	155.0	350.0	204.820
Prabraj Hunjan	125kg+	SJ	134.4	-25.0	40.0	-60.0	50.0	60.0	62.5	90.0	105.0	112.5	215.0	120.916

## BCPA Winter Open Vancouver, BC 12 Feb '06

### Powerlifting

#### Special Olympians

NAME	DIV	Age	BW	B1	B2	B3	D1	D2	D3	TOTAL	Wilk's
David Swann	75kg	SO	71.9	40.0	42.5	-50.0	142.5	152.5	-155.0	195.0	143.228
Sam Langthorne	75kg	SO	72.9	62.5	70.0	75.0	-145.0	-145.0	0.0		
Dave Devison	90kg	SO	86.5	-100.0	100.0	-112.5	172.5	195.0	-205.0	295.0	192.311
Jason Smith	100kg	SO	95.8	60.0	65.0	-70.0	120.0	125.0	127.5	192.5	119.292
Tim Lord	100kg	SO	94.7	87.5	-100.0	-100.0	150.0	160.0	-170.0	247.5	154.168
Brad Grills	110kg	SO	105.1	102.5	110.0	112.5	145.0	155.0	170.0	282.5	168.766
Alfred Wiltse	110kg	SO	106.5	85.0	87.5	-95.0	145.0	155.0	170.0	257.5	153.110
Ken Windsor	110kg	SO	102.6	80.0	-85.0	-90.0	150.0	-167.5	-167.5	230.0	138.598

### Bench Press

NAME	DIV	Age	BW	B1	B2	B3	TOTAL	Wilk's
Women								
Nancy Carpenter	75kg	M2	70.1	-72.5	72.5	75.0	75.0	74.540
Emily Vanniewenhuizen	90kg	O	84.4	45.0	50.0	52.5	52.5	34.703
Men								
Arshdeep Dhaliwal	52kg	SJ	43.1	25.0	-27.5	-27.5	25.0	30.370
Darmanjit Kochar	56kg	SJ	46.2	-25.0	25.0	30.0	30.0	33.543
Slav Bienko	67.5kg	J	65.5	105.0	-115.0	-120.0	105.0	82.961
Harvey Sahota	67.5kg	SJ	66	45.0	-50.0	-50.0	45.0	35.334
Dustin Schiessler	75kg	SJ	71.6	105.0	120.0	127.5	127.5	93.929
Onkar Sandhu	75kg	SJ	74.4	70.0	77.5	-82.5	77.5	55.537
Vince Courville	82.5kg	M1	81.5	147.5	157.5	-167.5	157.5	106.297
Andrew Bryant	82.5kg	O	82.5	140.0	145.0	152.5	152.5	102.160
Rupinder Aujla	82.5kg	J	81.3	70.0	80.0	90.0	90.0	60.831
Brad Crimeni	82.5kg	J	79	62.5	-65.0	67.5	67.5	46.454
Tarn Rai	82.5kg	SJ	89.5	35.0	-40.0	42.5	42.5	27.209
Marc Vezina	90kg	M1	85	-142.5	152.5	160.0	160.0	105.328
Jamie Garbutt	90kg	J	89.7	127.5	-132.5	137.5	137.5	87.931
Grant Lamothe	90kg	M3	88.1	-115.0	115.0	-130.0	115.0	74.233
Sumeet Randhawa	90kg	SJ	86.7	60.0	-80.0	85.0	85.0	55.344

**BCPA Winter Open** Vancouver, BC 12 Feb '06**Bench Press**

NAME	DIV	Age	BW	B1	B2	B3	TOTAL	Wilk's
Justin Donaldson	100kg	O	92.4	137.5	142.5	160.0	160.0	100.800
Don Froese	100kg	M2	98.7	-200.0	-200.0		-200.0	-122.360
Jason Rai	110kg	SJ	111.3	62.5	70.0	-75.0	70.0	41.048
Herman Bains	125kg	SJ	111.4	-60.0	65.0	72.5	72.5	42.507
Prabhraj Hunjan	125kg	SJ	133.4	45.0	55.0	60.0	60.0	33.786
Nigel Price	125kg	SJ	124.5	-132.5	-132.5	-132.5		
Ross Daigle	125kg	M1	125.5	-220.0	-220.0	-227.0		
Robert O. Smith	SHW	M3	135.5	217.5	227.5	-230.0	227.5	127.700